



Event Menu



Starters

Butternut Squash and Roast Garlic Soup
with Croutons and Herb infused Oil

Salmon and Cream Cheese Timbale
with Rocket and Ciabatta Toasts

Brussels Pate
with Chutney and French Bread

Main Courses

Pan Roast Breast of Chicken
with Tarragon Crushed New Potatoes, Green Beans and Chasseur Sauce

Grilled Fillet of Salmon
with a Crisp Nicoise Salad and French Dressing

Spinach, Mushroom and Goats Cheese Filo Parcel
with a Tomato Salad and Balsamic Vinaigrette

Desserts

Salted Caramel Ice Cream Sundae

Warm Apple Tart with Cinnamon Chantilly

Chocolate Brownie with Vanilla Ice Cream

£10 per head for a main course with a selection of breads

£14 per head for 2 courses

£18 per head for 3 courses

£20 per head for 3 courses, filter coffee and petit fours

Conditions of Booking

All bookings will need either: a pre order 72 hours in advance or a single choice menu selection.

All dietary requirements can be catered for with a minimum of 72 hours' notice.

A £5 per head deposit must be paid to reserve a booking.

Contact Details:

Waves Thurrock 01375 362722 | jenna.lowe@southessex.ac.uk

Waves Southend 01702 220697 | julie.oates@southessex.ac.uk