

Course Information

Award: BA (Hons) Degree in Counselling

UCAS Code:

B940

Location:

The Forum, Elmer Square

Southend-on-Sea

Essex

SS1 1NE

United Kingdom

Awarding body:

University of East Anglia (UEA)

Professional body accreditation:

N/A

Duration:

Three years

Academic year:

2019-2022

Part-time study:

Not Available

Work placements:

Minimum of 100 Hours Voluntary Placement Counselling in an approved Counselling Agency – Mandatory requirement. In year 2 there is a requirement for 25 to 50 hours to be completed, subject to successful completion of the 'Fitness To Practice' module in Year 1. A further 75 hours are required in Year 3, these numbers ensure that successful graduates will be well positioned to achieve full membership of an appropriate regulatory body such as BACP or NCS.

Timetables:

Timetables are normally available one month prior to registration, though we endeavour to let you know an outline as soon as possible. Please note that we make every effort to ensure timetables are as student friendly as possible, scheduled teaching can take place on any day during the week . Typically timetables are scheduled for 13 hours per week across 2 days between 9am-5pm (however there may be events during the year, for example guest speakers that may run until 6pm). We expect students to build on their learning through Independent study for which we have space available within the campus or at the Forum in Southend..

Entry Requirements

Entry requirements 2019-20:

A Minimum of 64 UCAS Points from one or more of the following

- at least two A-levels
- BTEC Level 3 Extended Diploma/Diploma/Subsidiary Diploma/Certificate [QCF]

- BTEC National Award/Certificate/Diploma [NQF]International Baccalaureate
- International Baccalaureate
- Access to Higher Education Diploma (minimum 15 credits at Merit or above)

For any qualification not identified above the HE Admission Team will determine equivalences through UKNARIC

You will also need GCSE English and Maths at grade C (old specification) or Grade 4 (new specification) or above OR a Level 2 equivalent such as functional skills.

Exceptional Entry:

Applicants wishing to be considered for entry to the second or third year of study, or wishing to import credits or evidence of prior learning into the course for which they are applying, will be considered in accordance with the awarding bodies policy on Accreditation of Prior (Experiential) Learning. In the first instance we suggest you contact HEAdmissions@southessex.ac.uk to discuss your application.

International applicants:

If English is not your first language you will need an IELTS score of 6.0, with a minimum score of 5.5 in each component (Reading, Writing, Listening and Speaking), or an equivalent English Language qualification.

Additional requirements:

Credit transfer and accreditation of prior learning or experience

If you have achieved a qualification such as a foundation degree or HND, or have gained credit at another higher education institution, you may be able to enter the course at level 5. For further information please visit our Credit Transfer page [link]. Other qualifications and relevant work experience may also count for academic credit.

Course Overview

Course Name BA (Hons) Counselling

The BA (Hons) Counselling offers students a strong theoretical and practical base from which to begin their professional counselling practice, whilst working towards individual accreditation with the BACP. The theoretical orientation is humanistic, though other approaches such as Cognitive Behavioural Therapy and Transactional Analysis are also examined. Students are encouraged to respect the frame and ethos of their core training approach, whilst also developing their own individual style and philosophy of counselling. The programme is hence intended for those seeking a career in counselling, either in an environment which utilizes counselling, or one which encompasses the emotional and psychological well-being of others.

The programme is underpinned by three key strands of theory, skills and employability/personal development. The strands run concurrently across each level of the programme, with theory and skills modules being particularly closely aligned so as to enable students to develop and enhance their counselling practice utilising their increasing knowledge and understanding of the core philosophy and theoretical underpinnings of the person-centred and existential models of therapy.

Work placements form an essential part of the Counselling degree. Students will be expected to undertake 30 hours of personal therapy which will begin during the first year, and, in Years 2 and 3, to complete a minimum of 100 hours of counselling practice with a range of actual clients. Experienced tutors will support students throughout, from gaining introductory counselling skills with peers, to undertaking professional counselling practice with clients. Successful completion of the degree will enable students to practice as counsellors in a range of settings, including counselling agencies; the NHS, charitable organisations (e.g. MIND, Place2Be, Catch 22); private healthcare, student support services in schools, colleges and universities; hospices and prisons; and women's refuges. Students may also work as independent professional therapists.

A copy of the rules and regulations governing the University of East Anglia course is available at <https://www.southessex.ac.uk/higher-education/higher-education-policies>

Module Information

Year 1 for full-time students (Level 4)

CS4-01	Compulsory	20	Introductory Counselling Skills, Ethics and Law	Semester 1
CS4-02	Compulsory	20	Existential and Person-Centred Therapy	Year-long
CS4-03	Compulsory	20	Counselling in a Contemporary Context: Working Therapeutically with Identity, Difference and Diversity (1)	Year-long
CS4-04	Compulsory	20	Mental Health and Well-Being	Semester 1
CS4-05	Compulsory	20	Developing Counselling Skills (incorporating FTP1)	Semester 2
CS4-06	Compulsory	20	Counselling Children and Young People	Semester 2

Year 2 for full-time students (Level 5)

CS5-01	Compulsory	20	Integrative Practice (incorporating FTP2)	Year-long
CS5-02	Compulsory	20	Comparative Approaches in Counselling	Year-long
CS5-03	Compulsory	20	Counselling in a Contemporary Context: Working Therapeutically with Identity, Difference and Diversity (2)	Year-long
CS5-04	Compulsory	20	Loss and Attachment	Semester 1
CS5-05	Compulsory	20	Introduction to Research	Semester 2

Year 3 for full-time students (Level 6)

CS6-01	Compulsory	20	Consolidating Creative Techniques (incorporating FTP3)	Year-long
CS6-02	Compulsory	20	Philosophical Issues in Counselling	Year-long

CS6-03	Compulsory	20	Addiction and Substances	Semester 1
CS6-04	Compulsory	40	Dissertation	Year-long
CS6-05	Compulsory	20	Entrepreneurship and CPPD	Semester 2

Teaching and Learning

Course Name BA (Hons) Counselling

Teaching: You are taught through a combination of lectures, seminars and workshops, which enable you to discuss and develop your understanding of the disciplines of Counselling and all professional aspects pertaining to the counselling industry.

Typically across all years of the programme you will have 13 hours of contact time per week across two days. Contact time will consist of:

- Two - four hour lectures/seminars
- Tutorial and dedicated 1-2-1 support when necessary

Independent learning:

When not attending lectures, seminars or workshops or other timetabled sessions you will be expected to continue to learn independently through self-guided, independent activities. This may typically include reading journal articles, books, periodicals and preparing coursework and presentations. A range of excellent facilities, including the library and online learning resources, the Learning Resource Centre and the Forum supports your independent learning. Typically Independent learning will approximately equate to 70% in Year 1 and 53% in Year 2 (with 17% making up Placement Learning) and 75% in Year 3.

Work Placement:

Placements form part of the 2nd year module CS5 – 01 Integrative Practice (FTP2) and the 3rd year module CS6 – 01 Consolidating Creative Techniques PS5-06. Voluntary counselling agency work placements that form part of these modules are to be negotiated with students and external employers using the standardised placement learning processes and therefore may vary in duration and length.

Overall workload

Across each year of the degree programme you will study 120 credits, this is split into 20, 30 or 40 credit modules. Each 10 credits equate to approximately 100 hours of taught and independent study. Class contact hours of 13 per week are included on the scheduled timetable, in addition independent study time, including assessment activity and group work, will equate to approximately 26 hours of independent learning per week across all studied modules in 1 year.

Level 4:

Total Timetabled Scheduled Hours per year: 390

Total Hours Taught Per Year: 360

Total Hours Tutorial: 30

Total Independent Learning/Assessment: 810 (Approximately 130 hours per module/4 hours per week)

Approximately 30% per cent of your time is spent in timetabled teaching and learning activity, with 70% of your time spent in guided independent study

Level 5:

Total Timetabled Scheduled Hours per year: 390

Total Hours Taught Per Year: 360

Total Hours Tutorial: 30

Total Independent Learning/Assessment: 810 (Approximately 130 hours per module/4 hours per week)

Approximately 30% per cent of your time is spent in timetabled teaching and learning activity, with 53% of your time spent in guided independent study and 17% of time on placements

Level 6:

Total Timetabled Scheduled Hours per year: 390

Total Hours Taught Per Year: 360 (including 4 hours Timetabled Activity for Final Major Project/Dissertation)

Total Hours Tutorial: 30

Total Independent Learning/Assessment: 810 (Approximately 130 hours per module/4 hours per week)

Approximately 25% per cent of your time is spent in timetabled teaching and learning activity, with 75% of your time spent in guided independent study

Assessment & Feedback

Assessment:

Across the programme students are assessed using a variety of methods including; Essays, Research Projects, Presentations, Workplace Simulations, Portfolios, Reports and Journals.. Please note that full assessment information can be found in the module descriptors.

Percentage of the course assessed by coursework

Year 1*

100% coursework (please refer to the module descriptors for assessment methods)

Year 2

100% coursework (please refer to the module descriptors for assessment methods)

Year 3

100% coursework (please refer to the module descriptors for assessment methods)

Feedback

You will receive formative feedback as part of your modules and taught sessions with your Module Lead. You will also receive summative comments on all formal assessments undertaken by coursework. Written feedback is provided to students within 20 working days of submission through

Turnitin. Alternative forms of feedback can be requested by students through 1-2-1 meetings with Module Assessors/Module Leaders.

Feedback on the Final Major Project/Dissertation module in Year 3 is provided throughout and through supervision meetings as scheduled.

Academic Support:

Our Academic Support Team provides help in the following areas:

- Study skills (including reading, note-taking and presentation skills)
- Written English (including punctuation and grammatical accuracy)
- Academic Writing (including how to reference)
- Critical Thinking and understanding arguments
- Revision, assessment and examination skills (including time management)

Our Senior Learning Mentor can provide advice and guidance for students with additional needs resulting from disabilities.

Teaching staff:

You will be taught by an experienced team whose expertise and knowledge are closely matched to the content of the modules on the course. External industry experts and guest speakers will be involved in delivery of subject-specific workshops.

Course Cost

Duration: 3 years

Fees:

For the academic year 2019-20 the tuition fees for this course are: £8,500.00

UK/EU Overseas:

Full-time TBA

Part-time N/A

(Full-time route only)

The following course-related costs are included in the fees:

- A sum for personal counselling. A sum for clinical supervision. A sum for appropriate personal indemnity insurance. A sum for required membership of an industry, regulatory body.
- You will receive an allocation of pages for printing. Once you have used your allocation, you need to charge up your account with more pages. This can be done using a Credit\Debit card via a web interface (<http://student-print.southessex.ac.uk/safecom>). There is a minimum charge of £10 using this method, or using the printer charging cash machine located in the learning centres.

The following course-related costs are not included in the fees:

- Students are expected to equip themselves with the necessary stationary required for successful study.
- Textbooks are provided through the library and the College continually reviews availability however students may wish to purchase their own textbooks.

- Optional Trips are likely to be arranged (both day and residential) to support your studies. It is likely that the majority of the trips arranged will be local and therefore students should factor in train fares and related costs at approximately £120 per year. These will be organised where required to enhance the learning experience
- Independent trips to assist (e.g. the final major project (Dissertation)) are encouraged where necessary but will need to be funded by the student.
- Travel costs to practice placements in years 2 and 3 should be funded by the student, however support for travel can be requested from student support services where a student's meets the support criteria.
- You will receive an allocation of pages for printing. Once you have used your allocation, you need to charge up your account with more pages. This can be done using a Credit\Debit card via a web interface (<http://student-print.southessex.ac.uk/safecom>). There is a minimum charge of £10 using this method, or using the printer charging cash machine located in the learning centres.

Accommodation and living costs not included in the fees

This information can be obtained from our Accommodation Services home page

<https://www.southessex.ac.uk/higher-education/accommodation>

Sources of financial support

If you receive funding from Student Finance you may be eligible to apply for additional benefits.

Details can be obtained from our Student Services home page

<https://www.southessex.ac.uk/higher-education/fees-and-funding>